



# **Individual Development Plan**

for Lily Fillwalk

### **Personal Information**

*Title: Institution:* Pitzer College *IDP last modified:* 6/15/2021

## **Career Plans Summary**

Plan A	
	Long Term Goal: Environmental Science Policy Advisor
	Short Term Goal: M.S./M.P.A, then possibly Ph.D., post-doc Fellowships
Plan B	
	Long Term Goal: Environmental Science Journalist
	Graduate Program in Science Writing, then transitional Short Term Goal: Fellowships/Internships

# **SMART Goal Summary**

Note: only goals within last 12 months and up 12 months in the future are shown.

### June, 2021

- work on personal statements for Graduation school applications [weekly]
- finalize CV/resume for graduate school with all of accomplishments thus far
- reach out to professors for mentorship/career advice [monthly]
- read articles about how to prepare for graduate school/fellowship intereviews for the fall semester. [weekly]
- read more relevant scientific literature [weekly]
- publish an already written review. [monthly]
- Create general summaries for scientific literature
- Improve data analysis skills [daily]
- Improve usage of data visualization programs
- Prepare and practice on scientific presentation skills [weekly]
- Prepare for thesis committee in the Fall of 2021 [monthly]
- · search for a professional organization related to science policy



- solidify & ask for references for graduate school
- sign up for nature or other science newsletter subscription to stay informed on current scientific/ecology topics [weekly]
- balance work and school life; make sure to study AS WELL AS take care of yourself and pursue personal interests
- try to post interesting articles on social media platforms to share with connections [monthly]
- attend more career events at the Pitzer College Keck Science Center such as professional development, and virtual workshops over the summer [weekly]
- increase use of LinkedIn professional social network, as well as add more colleagues when introduced [monthly]
- Talking to friends and family about scientific topics/literature/current projects [weekly]

### July, 2021

- work on personal statements for Graduation school applications [weekly]
- · finalize CV/resume for graduate school with all of accomplishments thus far
- reach out to professors for mentorship/career advice [monthly]
- read articles about how to prepare for graduate school/fellowship intereviews for the fall semester. [weekly]
- read more relevant scientific literature [weekly]
- publish an already written review. [monthly]
- · Create general summaries for scientific literature
- Improve data analysis skills [daily]
- · Improve usage of data visualization programs
- Prepare and practice on scientific presentation skills [weekly]
- Prepare for thesis committee in the Fall of 2021 [monthly]
- solidify & ask for references for graduate school
- join a peer group/professional group at school to build a successful network for post-grad [monthly]
- get more involved on campus in the fall with environmental groups [monthly]
- sign up for nature or other science newsletter subscription to stay informed on current scientific/ecology topics [weekly]
- balance work and school life; make sure to study AS WELL AS take care of yourself and pursue personal interests
- try to post interesting articles on social media platforms to share with connections [monthly]
- attend more career events at the Pitzer College Keck Science Center such as professional development, and virtual workshops over the summer [weekly]
- · increase use of LinkedIn professional social network, as well as add more colleagues when introduced [monthly]
- Talking to friends and family about scientific topics/literature/current projects [weekly]

### August, 2021

- work on personal statements for Graduation school applications [weekly]
- reach out to professors for mentorship/career advice [monthly]
- read articles about how to prepare for graduate school/fellowship intereviews for the fall semester. [weekly]
- read more relevant scientific literature [weekly]
- publish an already written review. [monthly]



- · Create general summaries for scientific literature
- Prepare for thesis committee in the Fall of 2021 [monthly]
- solidify & ask for references for graduate school
- join a peer group/professional group at school to build a successful network for post-grad [monthly]
- get more involved on campus in the fall with environmental groups [monthly]
- sign up for nature or other science newsletter subscription to stay informed on current scientific/ecology topics [weekly]
- balance work and school life; make sure to study AS WELL AS take care of yourself and pursue personal interests
- try to post interesting articles on social media platforms to share with connections [monthly]
- attend more career events at the Pitzer College Keck Science Center such as professional development, and virtual workshops over the summer [weekly]
- increase use of LinkedIn professional social network, as well as add more colleagues when introduced [monthly]
- Talking to friends and family about scientific topics/literature/current projects [weekly]

### September, 2021

- · work on personal statements for Graduation school applications [weekly]
- reach out to professors for mentorship/career advice [monthly]
- read articles about how to prepare for graduate school/fellowship intereviews for the fall semester. [weekly]
- read more relevant scientific literature [weekly]
- publish an already written review. [monthly]
- Create general summaries for scientific literature
- Prepare for thesis committee in the Fall of 2021 [monthly]
- join a peer group/professional group at school to build a successful network for post-grad [monthly]
- get more involved on campus in the fall with environmental groups [monthly]
- sign up for nature or other science newsletter subscription to stay informed on current scientific/ecology topics [weekly]
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- increase use of LinkedIn professional social network, as well as add more colleagues when introduced [monthly]
- Talking to friends and family about scientific topics/literature/current projects [weekly]

### October, 2021

- work on personal statements for Graduation school applications [weekly]
- reach out to professors for mentorship/career advice [monthly]
- read articles about how to prepare for graduate school/fellowship intereviews for the fall semester. [weekly]
- read more relevant scientific literature [weekly]
- publish an already written review. [monthly]
- · Create general summaries for scientific literature



- Prepare for thesis committee in the Fall of 2021 [monthly]
- join a peer group/professional group at school to build a successful network for post-grad [monthly]
- get more involved on campus in the fall with environmental groups [monthly]
- sign up for nature or other science newsletter subscription to stay informed on current scientific/ecology topics [weekly]
- balance work and school life; make sure to study AS WELL AS take care of yourself and pursue personal interests
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- attend more career events at the Pitzer College Keck Science Center such as professional development, and virtual workshops over the summer [weekly]
- increase use of LinkedIn professional social network, as well as add more colleagues when introduced [monthly]
- Talking to friends and family about scientific topics/literature/current projects [weekly]

### November, 2021

- work on personal statements for Graduation school applications [weekly]
- reach out to professors for mentorship/career advice [monthly]
- read articles about how to prepare for graduate school/fellowship intereviews for the fall semester. [weekly]
- read more relevant scientific literature [weekly]
- publish an already written review. [monthly]
- · Create general summaries for scientific literature
- Prepare for thesis committee in the Fall of 2021 [monthly]
- join a peer group/professional group at school to build a successful network for post-grad [monthly]
- get more involved on campus in the fall with environmental groups [monthly]
- sign up for nature or other science newsletter subscription to stay informed on current scientific/ecology topics [weekly]
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- increase use of LinkedIn professional social network, as well as add more colleagues when introduced [monthly]
- Talking to friends and family about scientific topics/literature/current projects [weekly]

### December, 2021

- work on personal statements for Graduation school applications [weekly]
- reach out to professors for mentorship/career advice [monthly]
- read articles about how to prepare for graduate school/fellowship intereviews for the fall semester. [weekly]
- read more relevant scientific literature [weekly]
- publish an already written review. [monthly]
- Create general summaries for scientific literature
- Prepare for thesis committee in the Fall of 2021 [monthly]
- join a peer group/professional group at school to build a successful network for post-grad [monthly]



- get more involved on campus in the fall with environmental groups [monthly]
- sign up for nature or other science newsletter subscription to stay informed on current scientific/ecology topics [weekly]
- balance work and school life; make sure to study AS WELL AS take care of yourself and pursue personal interests
- try to post interesting articles on social media platforms to share with connections [monthly]
- attend more career events at the Pitzer College Keck Science Center such as professional development, and virtual workshops over the summer [weekly]
- increase use of LinkedIn professional social network, as well as add more colleagues when introduced [monthly]
- Talking to friends and family about scientific topics/literature/current projects [weekly]

### January, 2022

- · reach out to professors for mentorship/career advice [monthly]
- read more relevant scientific literature [weekly]
- publish an already written review. [monthly]
- · Create general summaries for scientific literature
- join a peer group/professional group at school to build a successful network for post-grad [monthly]
- get more involved on campus in the fall with environmental groups [monthly]
- sign up for nature or other science newsletter subscription to stay informed on current scientific/ecology topics [weekly]
- balance work and school life; make sure to study AS WELL AS take care of yourself and pursue personal interests
- try to post interesting articles on social media platforms to share with connections [monthly]
- attend more career events at the Pitzer College Keck Science Center such as professional development, and virtual workshops over the summer [weekly]
- increase use of LinkedIn professional social network, as well as add more colleagues when introduced [monthly]
- Talking to friends and family about scientific topics/literature/current projects [weekly]

### February, 2022

- reach out to professors for mentorship/career advice [monthly]
- read more relevant scientific literature [weekly]
- publish an already written review. [monthly]
- Create general summaries for scientific literature
- join a peer group/professional group at school to build a successful network for post-grad [monthly]
- get more involved on campus in the fall with environmental groups [monthly]
- sign up for nature or other science newsletter subscription to stay informed on current scientific/ecology topics [weekly]
- balance work and school life; make sure to study AS WELL AS take care of yourself and pursue personal interests
- try to post interesting articles on social media platforms to share with connections [monthly]
- attend more career events at the Pitzer College Keck Science Center such as professional development, and virtual workshops over the summer [weekly]
- · increase use of LinkedIn professional social network, as well as add more colleagues when introduced [monthly]



• Talking to friends and family about scientific topics/literature/current projects [weekly]

### March, 2022

- reach out to professors for mentorship/career advice [monthly]
- read more relevant scientific literature [weekly]
- publish an already written review. [monthly]
- · Create general summaries for scientific literature
- join a peer group/professional group at school to build a successful network for post-grad [monthly]
- get more involved on campus in the fall with environmental groups [monthly]
- sign up for nature or other science newsletter subscription to stay informed on current scientific/ecology topics [weekly]
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- increase use of LinkedIn professional social network, as well as add more colleagues when introduced [monthly]
- Talking to friends and family about scientific topics/literature/current projects [weekly]

### April, 2022

- · reach out to professors for mentorship/career advice [monthly]
- read more relevant scientific literature [weekly]
- publish an already written review. [monthly]
- Create general summaries for scientific literature
- join a peer group/professional group at school to build a successful network for post-grad [monthly]
- get more involved on campus in the fall with environmental groups [monthly]
- sign up for nature or other science newsletter subscription to stay informed on current scientific/ecology topics [weekly]
- balance work and school life; make sure to study AS WELL AS take care of yourself and pursue personal interests
- try to post interesting articles on social media platforms to share with connections [monthly]
- attend more career events at the Pitzer College Keck Science Center such as professional development, and virtual workshops over the summer [weekly]
- increase use of LinkedIn professional social network, as well as add more colleagues when introduced [monthly]
- Talking to friends and family about scientific topics/literature/current projects [weekly]

### May, 2022

- reach out to professors for mentorship/career advice [monthly]
- read more relevant scientific literature [weekly]
- publish an already written review. [monthly]
- · Create general summaries for scientific literature



- join a peer group/professional group at school to build a successful network for post-grad [monthly]
- get more involved on campus in the fall with environmental groups [monthly]
- sign up for nature or other science newsletter subscription to stay informed on current scientific/ecology topics [weekly]
- balance work and school life; make sure to study AS WELL AS take care of yourself and pursue personal interests
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- increase use of LinkedIn professional social network, as well as add more colleagues when introduced [monthly]
- Talking to friends and family about scientific topics/literature/current projects [weekly]

### Self Assessment Summary

### Strong Skills

- Creativity/innovative thinking
- Basic writing and editing
- Speaking clearly and effectively
- · Seeking advice from advisors and mentors
- Negotiating difficult conversations
- · Demonstrating workplace etiquette
- · Complying with rules and regulations
- · Upholding commitments and meeting deadlines
- · Maintaining positive relationships with colleagues
- Contributing to discipline (e.g. member of professional society)
- Contributing to institution (e.g. participate on committees)
- Dealing with conflict
- Time management
- · Leading and motivating others
- · Understanding of data ownership/sharing issues
- · Can identify and manage conflict of interest
- How to maintain a professional network
- How to prepare application materials

#### Weak Skills

Teaching in a classroom setting

### **Top Interests**

Writing position papers or policy papers

# AAAS

- · Representing data in figures/illustrations
- Giving presentations about science
- Reading papers in your field
- Learning about other fields
- Thinking about science
- · Keeping up with current events in science
- Discussing science with others
- · Attending conferences or scientific meetings
- Using quantitative methods in understanding science (e.g., statistics, mathematical modeling)
- · Writing about science to non-scientists
- Speaking about science to non-scientists
- Developing collaborations
- Negotiating agreements
- Serving on committees
- · Working in a team
- Networking with others
- Work-related travel
- · Organizing things, creating systems in the workplace
- Planning or organizing events
- Leading or supervising others

### **Activities To Avoid**

- · Building new devices or developing/refining techniques
- · Performing research with animal subjects
- Performing research with human subjects

### **Top Values**

- · Help Society: contribute to betterment of world
- · Help Others: be involved with directly helping individuals or small groups
- · People Contact: have day-to-day contact with clients or colleagues
- · Teamwork: work in collaboration with others as part of a team
- Friendships: Develop close personal relationships with people at work
- · Congenial Atmosphere: work with friendly colleagues
- Make Decisions: have authority to decide courses of action, policies, etc.
- Influence People: be in a position to change attitudes or opinions of other people
- · Intellectual Challenge: perform work that is intellectually stimulating
- · Work on Frontiers of Knowledge: engage in the pursuit of knowledge or generating new ideas
- · Expert Status: be acknowledged as an expert in a given field
- · Creativity: originate and develop new ideas
- · Aesthetics: appreciate the beauty of things and ideas that I work with
- · Variety: have job duties that change frequently
- · Job Security: be assured of keeping my job and salary
- Recognition: be recognized or appreciated for the quality of my work



- Risk Taking: have work duties that involve trying new things, despite the chance that negative outcomes could
   result
- Earning Potential: have a salary which allows me to purchase essentials as well as some luxuries of life
- Location: live in a place which is conducive to my lifestyle
- Status and Prestige: work in a position or organization which carries respect with my friends, family or colleagues
- Professional Development: have a job with opportunities for growth or promotions
- Work/Life Balance: balance time spent at work and time spent doing other activities
- Family Friendly: have a job with policies supportive of families, including day care, flexible work schedules, etc.
- Exercise Competence: take advantage of my strongest talents and skills on a regular basis
- Learn New Things: be challenged to learn new skills or knowledge on a regular basis
- High Demand: develop a desirable knowledge base or skill set to facilitate finding my next job



# Self Assessment Summary Tables

# **Skills Summary**

1	2	3	4	5
Highly deficient				Highly proficient
• Teaching in a classroom setting	<ul> <li>Writing grant proposals</li> <li>Training and mentoring individuals</li> </ul>	<ul> <li>Critical evaluation of scientific literature</li> <li>Navigating the peer review process</li> <li>Writing scientific publications</li> <li>Presenting research to scientists</li> <li>Presenting to nonscientists</li> <li>Developing/managing budgets</li> <li>Managing data and resources</li> <li>How to negotiate</li> <li>Deep knowledge of my specific research area</li> <li>Technical skills related to my specific research area</li> </ul>	<ul> <li>Broad based knowledge of science</li> <li>Experimental design</li> <li>Statistical analysis</li> <li>Interpretation of data</li> <li>Writing for nonscientists</li> <li>Providing instruction and guidance</li> <li>Providing constructive feedback</li> <li>Planning and organizing projects</li> <li>Delegating responsibilities</li> <li>Creating vision and goals</li> <li>Serving as a role model</li> <li>Careful recordkeeping practices</li> <li>Demonstrating responsible authorship and publication practices</li> <li>Demonstrating responsible conduct</li> <li>Demonstrating responsible conduct in human research</li> <li>Demonstrating responsible conduct in animal research</li> <li>Can identify and address research misconduct</li> </ul>	<ul> <li>Creativity/innovative thinking</li> <li>Basic writing and editing</li> <li>Speaking clearly and effectively</li> <li>Seeking advice from advisors and mentors</li> <li>Negotiating difficult conversations</li> <li>Demonstrating workplace etiquette</li> <li>Complying with rules and regulations</li> <li>Upholding commitments and meeting deadlines</li> <li>Maintaining positive relationships with colleagues</li> <li>Contributing to discipline (e.g. member of professional society)</li> <li>Contributing to institution (e.g. participate on committees)</li> <li>Dealing with conflict</li> <li>Time management</li> <li>Leading and motivating others</li> <li>Understanding of data ownership/sharing issues</li> <li>Can identify and manage conflict of interest</li> </ul>



	<ul><li> How to identify career options</li><li> How to interview</li></ul>	<ul> <li>How to maintain a professional network</li> <li>How to prepare application materials</li> </ul>
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## **Interests Summary**

1	2	3	4	5
l would like to never do this in my career				l would like to do this often in my career
<ul> <li>Building new devices or developing/refining techniques</li> <li>Performing research with animal subjects</li> <li>Performing research with human subjects</li> </ul>	<ul> <li>Performing experiments</li> <li>Planning new scientific projects or developing new research directions</li> <li>Learning how to use new equipment or techniques</li> <li>Teaching in a classroom setting</li> <li>Developing curricula</li> <li>Mentoring or teaching one-on- one</li> <li>Analyzing financial data or budgets</li> <li>Assessing business trends and strategies, entrepreneurial ideas</li> </ul>	<ul> <li>Designing experiments</li> <li>Analyzing experimental results</li> <li>Writing grant proposals</li> <li>Writing scientific manuscripts</li> <li>Using qualitative methods in understanding science (e.g., focus groups, in-depth interviews, field observations)</li> </ul>	<ul> <li>Writing project reports or other business-related correspondence</li> <li>Creating presentations</li> </ul>	<ul> <li>Writing position papers or policy papers</li> <li>Representing data in figures/illustrations</li> <li>Giving presentations about science</li> <li>Reading papers in your field</li> <li>Learning about other fields</li> <li>Thinking about science</li> <li>Keeping up with current events in science</li> <li>Discussing science with others</li> <li>Attending conferences or scientific meetings</li> <li>Using quantitative methods in understanding science (e.g., statistics, mathematical modeling)</li> <li>Writing about science to non- scientists</li> <li>Speaking about science to non- scientists</li> <li>Developing collaborations</li> <li>Negotiating agreements</li> <li>Serving on committees</li> <li>Working in a team</li> </ul>



	<ul> <li>Networking with others</li> <li>Work-related travel</li> <li>Organizing things, creating systems in the workplace</li> <li>Planning or organizing events</li> <li>Leading or supervising others</li> </ul>
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## **Values Summary**

1	2	3	4	5
Unimportant				Essential
<ul> <li>Predictability: have job duties that are similar day-to-day</li> </ul>	<ul> <li>Supervision: be directly responsible for work done by others</li> <li>Physically Challenging: have a job that requires high physical demands</li> </ul>	<ul> <li>Competition: engage in activities that test my abilities/achievements against others' abilities/achievements</li> <li>Fast Pace: work in a busy atmosphere with frequent deadlines</li> </ul>	<ul> <li>Work Alone: work on projects by myself, with little contact with others</li> <li>Independence: work with little direction from others</li> <li>Benefits Available: have health, retirement, tuition reimbursements, etc.</li> <li>Not Physically Challenging: have a job that does not require high physical demands</li> <li>Flexible Schedule: have some choice over the hours or days that I work</li> <li>Job Tranquility: work in a low pressure environment</li> </ul>	<ul> <li>Help Society: contribute to betterment of world</li> <li>Help Others: be involved with directly helping individuals or small groups</li> <li>People Contact: have day-to-day contact with clients or colleagues</li> <li>Teamwork: work in collaboration with others as part of a team</li> <li>Friendships: Develop close personal relationships with people at work</li> <li>Congenial Atmosphere: work with friendly colleagues</li> <li>Make Decisions: have authority to decide courses of action, policies, etc.</li> <li>Influence People: be in a position to change attitudes or opinions of other people</li> <li>Intellectual Challenge: perform work that is intellectually stimulating</li> <li>Work on Frontiers of Knowledge: engage in the pursuit of knowledge or generating new ideas</li> </ul>



- Expert Status: be acknowledged as an expert in a given field
- Creativity: originate and develop new ideas
- Aesthetics: appreciate the beauty of things and ideas that I work with
- Variety: have job duties that change frequently
- Job Security: be assured of keeping my job and salary
- Recognition: be recognized or appreciated for the quality of my work
- Risk Taking: have work duties that involve trying new things, despite the chance that negative outcomes could result
- Earning Potential: have a salary which allows me to purchase essentials as well as some luxuries of life
- Location: live in a place which is conducive to my lifestyle
- Status and Prestige: work in a position or organization which carries respect with my friends, family or colleagues
- Professional Development: have a job with opportunities for growth or promotions
- Work/Life Balance:
   balance time spent



1		 
		at work and time spent doing other
		activities
		Family Friendly:
		have a job with
		policies supportive
		of families, including day care,
		flexible work
		schedules, etc.
		Exercise
		Competence: take
		advantage of my
		strongest talents and skills on a
		regular basis
		• Learn New Things:
		be challenged to
		learn new skills or
		knowledge on a regular basis
		High Demand:
		develop a desirable
		knowledge base or
		skill set to facilitate
		finding my next job



## **Career Exploration Summary**

#### **Career Resources**

6/15/2021 https://www.sciencemag.org/careers/2003/02/sciencepolicy-establishing-guidelines-setting-priorities? \_ga=2.182545510.1169709122.1623681555-1360093170.1623681555

-- Interested in Science Policy (Public affairs/government affairs staff at scientific societies, foundations, government entities, or think tanks) and Science Writing (Science, medical, or technical writer or journalist; science editor; science publisher). -- wanting to communicate scientific ideas to a non-scientific community

**Events** 

Networking

### **Career Advancement Goals**

prepare to apply for graduate school

Name: work on personal statements for Graduation school applications Frequency: weekly Start date: 6/15/2021 End date: 1/8/2022 Accountability: Review application materials every Sunday to mark progress Completed: No Name: solidify & ask for references for graduate school Frequency: Start date: 7/1/2021 End date: 9/1/2021 Accountability: Will need to relieve letters by completion date due to first graduate school

Accountability: Will need to relieve letters by completion date due to first graduate school application due August 31 Completed: No

### Seek mentorship

Name: reach out to professors for mentorship/career advice Frequency: monthly Start date: 6/15/2021 End date: 5/31/2022 Every month try to talk to a new professor (this summer and when Accountability: returning to campus) about how they got to where they are, as well as ask for career advice. Completed: No



### Enhance self-awareness of my career interests, skills, and values

*Name:* sign up for nature or other science newsletter subscription to stay informed on current scientific/ecology topics

*Frequency:* weekly *Start date:* 6/15/2021 *End date: Accountability:* Every sunday morning try and read these newsletters before the start of the week. *Completed:* No

### **Enhance personal wellness**

 Name:
 balance work and school life; make sure to study AS WELL AS take care of yourself and pursue personal interests

 Frequency:
 Start date:

 Start date:
 6/15/2021

 End date:
 If feeling stressed, take time to see how time management could be improved.

 Completed:
 No

### Learn more about particular career options

No goals.

Get experience (internship, part-time position, volunteering, job simulation, etc.)

No goals.

#### Engage the public about science

 Name:
 try to post interesting articles on social media platforms to share with connections

 Frequency:
 monthly

 Start date:
 6/15/2021

 End date:
 flow priority action] This has been something I have been trying to increase with social media practices

 Completed:
 No



Attend workshops, site visits, conferences, or events related to my career interests

attend more career events at the Pitzer College Keck Science Center Name: such as professional development, and virtual workshops over the summer Frequency: weekly Start date: 6/15/2021 End date: Accountability: Carefully checking email for updated lists of events once back at school, and look actively for virtual events over the summer Completed: No

### Enhance my professional network

 Name:
 increase use of LinkedIn professional social network, as well as add more colleagues when introduced

 Frequency:
 monthly

 Start date:
 6/15/2021

 End date:
 Accountability:

 Check LinkedIn with other social media on a weekly basis

 Completed:
 No

### Get involved in a professional organization

 Name: search for a professional organization related to science policy

 Frequency:

 Start date: 6/20/2021

 End date: 6/20/2021

 Accountability:

 This week I will be accountable about looking for an organization to join, and see how to go about it to establish a professional network.

 Completed: No

### Get involved in a local/regional committee or group

Name: get more involved on campus in the fall with environmental groups Frequency: monthly Start date: 8/13/2021 End date: 5/31/2022 I will be accountable due to my existing connections through the Robert Accountability: Redford Conservancy, as well as having already applied to a research position in the Fall. Will keep trying to expand my involvement. Completed: No

Prepare CV/resume, cover letter, teaching/research statement, etc.



Name: finalize CV/resume for graduate school with all of accomplishments thus far

*Frequency: Start date:* 6/15/2021 *End date:* 8/1/2021 *Accountability:* I will meet with the Pitzer College Career Counselor in the Fall to go over my CV and see what changes I can make.

Completed: No

#### **Prepare for interviews**

*Name:* read articles about how to prepare for graduate school/fellowship intereviews for the fall semester.

Frequency: weekly Start date: 6/15/2021

End date: 1/8/2022

Accountability: I will subscribe to a professional listserv that will email information like this to me so I am able to consume this information throughout the week.

Completed: No

Join or form a peer group to help me follow through on my career advancement goals

Name:join a peer group/professional group at school to build a successful<br/>network for post-gradFrequency:monthlyStart date:8/13/2021End date:5/31/2022Accountability:Check in with other graduating peers to explore what connections they<br/>are making to professional groups for post-graduate connections.<br/>Completed:

### **Skills Development Goals**

Critical evaluation of scientific literature

Name: read more relevant scientific literature

Frequency: weekly Start date: 6/15/2021 End date: 5/31/2022

I hope to sign up for a listserv that will send me interesting articles every Accountability: week to explore, hence furthering my knowledge and critical evaluation of scientific literature.



#### Writing scientific publications

Name: publish an already written review.

Frequency: monthly

Start date: 6/15/2021

End date: 5/31/2022

Accountability: I have written reviews for classes before, and hope to submit these reviews after editing to journals for undergraduate student publications. *Completed:* No

### Writing for nonscientists

 Name: Create general summaries for scientific literature

 Frequency:

 Start date: 6/15/2021

 End date: 5/31/2022

 When reading scientific literature, I want to make a practice of at least writing summary notes at the end of the article summarizing the main points. I hope this practice will help me communicate more effectively with a general audience.

Completed: No

### **Presenting to nonscientists**

 Name:
 Talking to friends and family about scientific topics/literature/current projects

 Frequency:
 weekly

 Start date:
 6/15/2021

 End date:
 While this might not help formal presentations, I want to increase my scientific communication skills with a nonscientist audience such as friends and family. I hope furthering these skills informally will help me professionally.

 Completed:
 No

## **Project Completion Goals**

Perform data analysis

Name: Improve data analysis skills Frequency: daily



Start date: 6/15/2021 End date: 8/1/2021 In the past year with Prof. Muth, I have been working on extensive data Accountability: analysis and I believe I will continue to do this work daily. I hope to improve my data analysis skills. Completed: No

#### Create graphs and illustrations

Name: Improve usage of data visualization programs Frequency: Start date: 6/15/2021 End date: 8/13/2021 In the past year with Prof. Muth, I have been working on graphs and Accountability: illustrations through learning suits like QIIME2, Microbiome DB, and Nephele. I hope to continue this work this summer. Completed: No

#### Prepare presentation (talk, poster, etc.)

*Name:* Prepare and practice on scientific presentation skills

Frequency: weekly

Start date: 6/15/2021

End date: 8/13/2021

I presented with Prof. Muth at Brooklyn College Science Day, and hope to Accountability: continue working on presentation skills of relevant research throughout BUEE.

Completed: No

#### Prepare for thesis or mentoring committee meeting

Name: Prepare for thesis committee in the Fall of 2021 Frequency: monthly Start date: 6/15/2021 End date: 1/8/2022 I will be accountable by setting specific dates (i.e. July 1 for reference Accountability: letters/ask for members to sit on my committee for thesis) so I can pace myself. Completed: No

### **Mentoring Summary**

Mentor

Role



Prof. Branwen Williams

Prof. Theodore Muth

Prof. Williams will be the reader of my thesis for the Fall of 2021, and is currently my major Advisor. She advises me on classes to take, as well as career opportunities and graduate programs to apply

I have been working with Prof. Muth for the past year on sustainable green roof practices, and will work with him this summer as a part of the BUEE program. I hope, this summer, to talk with Prof. Muth about career opportunities, as well as learn from him from his vast scientific knowledge and research background. I also hope to inquire about the grant proposal process in order to learn more.